200m Any Stroke

Name	#########	23/10/09	2/12/2010	16/4/2010	########	8/06/2010	Date 1	Date 2	25/06/10	Date 2	2/12/2010	16/4/2010	30/4/2010	########	23/10/09	2/12/2010
	Freestyle						Backstroke		Breastroke		Fly			Medley		
Austin, Emily		2.56.10												3.26.53		
Austin, Katie		2.54.70												3.19.38		
Chacon, Hugh															2.38.09	
Dumitrescu, Lucy						3.32.96						4.08.42	4.22.55			
Hinds, Lachlan	2.21.19			2.17.25	2.17.96						2.34.75					
Kam, Li-Ling		2.38.50							3.10.13							
Khoo, Meredith																
Lawrence, Brandon																
McCabe, James																2.55.19
McShane, Ashley																
Nymeyer, Naomi		2.46.47			2.43.07				3.19.86							
Nymeyer, Nina		2.49.50			2.39.20											
Sabrina Warwar			2.30.88													

400m Any Stroke

Name	16/04/2010	Date 2					Date 3	Date 4	Date 1	Date 2	Date 3	Date 4		Date 1		Date 2
	Freestyle						Freestyle		Medley		Medley			Medley		
Ashton, Shannon																
Chacon, Hugh	5.01.10															
Featherston, Jeffrey																
Hinds, Lachlan	4.35.43															
Jobson, Sophie	4.58.79															
Middleton, Mikaela	5.00.27															
Sahin, Mark	4.52.64															
Warwar, Sabrina	5.30.74															